

FIVE QUESTIONS to ask your healthcare provider about diagnosis, treatment and follow-up

1



What is my medical condition: signs and symptoms?

- Explain what you are feeling
- Ensure the care provider does a thorough exam
- Listen to what the care provider tells you

2



What tests are recommended?

- Get in writing what tests and when are they booked
- Find out who to call if you don't hear in the expected time
- Know who to contact with questions

3



What is the diagnosis?

- Find out when you can expect to meet with your care provider
- Ensure the results are explained in an easy-to-understand way
- Ask what the diagnosis means

4



What is the recommended treatment and care plan?

- Based on your diagnosis, what is the recommended care and treatment
- Learn what changes you can expect to see with your treatment and care

5



What follow-up is needed?

- Be able to describe any changes in your health during or after treatment
- Find out when follow-up appointments are needed
- Are any further tests needed as part of follow-up care